

Enter Web Address:

All

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[Adv. Search](#) [Compare Archive](#)Searched for <http://www.musclenet.com/>

58 Results

Note some duplicates are not shown. [See all.](#)

* denotes when site was updated.

Search Results for Jan 01, 1996 - Apr 01, 2005

1996

1997

1998

1999

2000

2001

2002

2003

2 pages

3 pages

2 pages

3 pages

8 pages

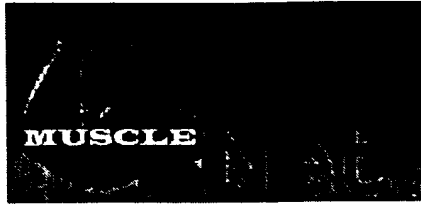
2 pages

0
pages

9 page

Nov 11, 1996 *	Apr 18, 1997 *	Jul 04, 1998 *	Feb 09, 1999	May 10, 2000	Feb 02, 2001 *		Jun 09, 2001
Dec 21, 1996 *	Jun 18, 1997 *	Dec 03, 1998 *	Mar 02, 1999	May 11, 2000	Feb 08, 2001		Jun 21, 2001
	Oct 11, 1997 *		Oct 13, 1999 *	Jun 19, 2000			Jul 27, 2001
				Jun 20, 2000			Aug 01, 2001
				Oct 18, 2000			Oct 02, 2001
				Oct 19, 2000			Oct 24, 2001
				Nov 10, 2000			Nov 22, 2001
				Nov 17, 2000			Dec 12, 2001
							Dec 25, 2001

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About MuscleNet

[Home](#) | [Weight Room](#) | [Pro Shop](#) | [Trainer's Desk](#) | [Locker Room](#) | [Gallery](#) | [Lounge](#) | [Calendar](#) | [Sites](#)



Welcome to MuscleNet, The Virtual Gym. Like a lot of bodybuilders, I've always wanted to own a gym. I just had no idea it would end up being in cyberspace!

Launched in April, The Virtual Gym is a place for bodybuilders on the Web to congregate, talk bodybuilding, show off, and prepare to get even bigger tomorrow. Complete with the largest collection of bodybuilding links on the Internet.

Membership in The Virtual Gym is free, and entitles you to participate in the Locker Room discussion forums. You can reach thousands of bodybuilders and weightlifters in your area and around the world with a Muscle Personal. Business owners interested in advertising on MuscleNet are invited to step into the Manager's Office.

MuscleNet is sponsored by Digital Physique, Enrich Sports Supplements, and Muscle Marketing USA. Please let them know you appreciate their support of The Virtual Gym!

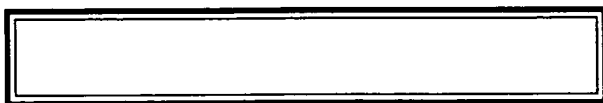
Feel free to e-mail me anytime with your suggestions and comments. Enjoy your visit!

David Arthur
Owner, The Virtual Gym

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The Virtual Gym™



Click Here to Visit the Site of MuscleNet's Sponsor:



Weight Room

Gyms and health clubs nationwide.

Pro Shop

Everything you need to build muscle.

Trainer's Desk

Trainers, programs & software.

Locker Room **Updated!**

Training articles and discussion forums.

Muscle Gallery **Updated!**

Amateurs and Pros in a virtual posedown.

Muscle Lounge **Updated!**

The place to meet bodybuilders on the Web.

Muscle Calendar

Bodybuilding competitions and events.

Muscle Sites

For those who just can't get enough.

About MuscleNet - Join The Virtual Gym

MuscleNet is viewed best with Java-enabled Netscape Navigator 3.0. Please report any broken equipment (i.e., links, graphics) to the [Front Desk](#).

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URL: <http://www.musclenet.com>

Updated! November 5, 1996



Join The Virtual Gym

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Membership is free, and entitles you to post messages regarding training, diet and other topics in the Locker Room. You'll also be the first to hear about new features and expansions taking place in The Virtual Gym. Simply complete and submit the form below.

Already a member? Just fill in your e-mail address and message. To submit a personal ad on MuscleNet, step into the [Muscle Lounge](#).

If your Web browser doesn't support forms, e-mail your information to: membership@musclenet.com

Your Name:

Your E-mail Address: (Required)

Your City, State and Country:

Your Home Page URL:
(if applicable)

How did you hear about MuscleNet?

If "Other", please specify:

Your comments and suggestions for MuscleNet:

Your message for the Locker Room's Forum:

If you chose "New Forum", please specify:

Subject:...

Message:....

(Non-commercial messages only, please)

If responding to an posted message, please "cut & paste" its:

Heading:.....

Sender's E-Mail:

Submit E-mail

Clear E-mail

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All

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Adv. Search

Searched for all pages on <http://netpulse.com/>Results **17 - 26** of about **844**www.netpulse.com/Advertisers.php?p=what

~3 pages between Jul 14, 2003 and Feb 12, 2004

www.netpulse.com/Advertisers0.html

1 page from Feb 20, 1999

www.netpulse.com/ClubNet.php

~5 pages between Oct 12, 2002 and Feb 12, 2004

www.netpulse.com/ClubNet.php?p=clubnet_forgot

~5 pages between Oct 13, 2002 and Feb 12, 2004

www.netpulse.com/Contact.php

~5 pages between Mar 24, 2002 and Feb 12, 2004

www.netpulse.com/Demo.html

1 page from Feb 20, 1999

www.netpulse.com/FitnessCenters.php

~6 pages between Mar 24, 2002 and Feb 12, 2004

www.netpulse.com/FitnessCenters.php?p=get_netpulse

~5 pages between Jul 06, 2003 and Feb 12, 2004

www.netpulse.com/FitnessCenters.php?p=internet_powered_service

~4 pages between Jul 06, 2003 and Feb 12, 2004

www.netpulse.com/FitnessCenters.php?p=products

~4 pages between Jul 06, 2003 and Feb 12, 2004

Results **17 - 26** of about **844** [Previous](#) [1](#) [2](#) [3](#) [4](#) [5](#) [6](#) [7](#) [8](#) [9](#) [10](#) [11](#) [Next](#)

Results per page

10

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<input checked="" type="checkbox"/>							
<input checked="" type="checkbox"/> Company Information	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Me & Ex	<input checked="" type="checkbox"/> Fit Ce	<input checked="" type="checkbox"/> Ad	<input checked="" type="checkbox"/> Co Inf	

COMPANY OVERVIEW

Founded in 1993, Netpulse Communications, Inc. (formerly Transcape Systems) is applying the latest technologies in its Netpulse Stations™ to make fitness equipment more enjoyable for exercisers and more productive for fitness center owners, trainers and staff. In the process, the company's Netpulse Network is also becoming a valuable advertising, merchandising, and direct marketing tool for consumer product companies who want to reach an attractive demographic at the *point of sweat*.

<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/> Company Overview
<input checked="" type="checkbox"/> Press Releases
<input checked="" type="checkbox"/> Press Releases
<input checked="" type="checkbox"/> Management Team
<input checked="" type="checkbox"/> Investor Relations
<input checked="" type="checkbox"/> Employment Opportunities
<input checked="" type="checkbox"/> Contacts
<input checked="" type="checkbox"/> Directions to Netpulse
<input checked="" type="checkbox"/> Privacy Promise
<input checked="" type="checkbox"/> Netpulse Only

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<input type="checkbox"/>						
<input type="checkbox"/> Advertisers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Me & Ex	<input type="checkbox"/> Fit Ce	<input type="checkbox"/> Ad	<input type="checkbox"/> Co Inf.

REACH CAPTIVE EXERCISERS AT THE POINT OF SWEAT

High-Impact Interactive Advertising to a Captive, Targeted Demographic...

Netpulse Communications manages a network of Internet-connected exercise machines in fitness centers around the country. This network of Netpulse Stations™ reaches millions of captive consumers every day as they work out. For the bored exerciser seeking entertainment and for the busy professional or parent trying to optimize their time, Netpulse provides a more enjoyable, motivating, and productive workout. In the process, the captive attention of these exercisers, offers advertisers a new place-based advertising opportunity with the impact of TV, the precision targeting of direct mail and the interactivity and measurability of the Internet.

<input type="checkbox"/>	<h3 style="text-align: center;">Netpulse Advertising Highlights</h3> <ul style="list-style-type: none"> • Netpulse advertising reaches a great demographic of well educated, active, affluent consumers. • Netpulse advertising reaches a captive audience of health club exercisers while they are exercising. • Netpulse enables advertisers to reach the exact audience they want to reach with precision targeting. • Netpulse offers advertisers multiple advertising options to best suit individual needs. • Netpulse produces measurable advertising results. • Netpulse provides advertisers with a vehicle to conduct customer surveys and perform market research. • Preferential Web-site use on Netpulse's "Sweat-Top" also leads to preferential Web Site use on the Desk Top.
<input type="checkbox"/> General Description and Overview	
<input type="checkbox"/> Impact	
<input type="checkbox"/> Banner Advertising	
<input type="checkbox"/> Fitness Incentive Program	
<input type="checkbox"/> Charter Advertising Program	
<input type="checkbox"/>	
<input type="checkbox"/>	

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☒ Members & Exercisers☒ Me
&
Ex☒ Fit
Ce☒ Ad☒ Co
Inf

Obtain a Netpulse ID

Here's How It Works

1. Press the Netpulse "Start" button.
2. When asked whether you have a Netpulse ID, select the button that says "No, but I want one now."
3. Use the touch-screen keyboard to enter in your gender, weight and age.
4. Use the touch-screen keyboard to enroll in a Netpulse Fitness Incentive Program™.
5. You are now an officially enrolled Netpulse member with a Netpulse ID. At the beginning of subsequent workouts, just enter this ID and begin working out. Netpulse will recognize who you are, track your workout results and track your Fitness Incentive Program points.

Questions? Call 1-888-55-PULSE or email info@netpulse.net.

☒ Netpulse Station Overview for Members☒ Fitness Incentive Program Descriptions☒ Members Only☒ Netpulse Club Directory☒ Privacy Promise☒ Privacy Promise

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<input type="checkbox"/>					
<input type="checkbox"/> Members & Exercisers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Me & Ex	<input type="checkbox"/> Fit Ce	<input type="checkbox"/> Ad
<input type="checkbox"/> Co Inf					
<h2>Club Directory</h2> <p>You can find Netpulse at top fitness centers around the country, including those listed below. To find a fitness center location near you, please contact 1-888-55-PULSE.</p> <ul style="list-style-type: none"> • 24 Hour Fitness • Club Corporation of America Clubs (CCA) • Club One • Club Sport West • Crunch Fitness • East Bank Club • The Houstonian • Lakeshore Athletic Clubs • Leisure Sports Clubs • Multiplex Fitness Centers (Fitness Formula) • The Pacific Club • Powerhouse Gyms • Q Clubs • Sport and Health • Tennis Corporation of America Clubs (TCA) • Village Racquet and Health • Western Athletic Clubs • World Gyms • YMCAs 					
<input type="checkbox"/>					
<input type="checkbox"/> Netpulse Station Overview for Members					
<input type="checkbox"/> Fitness Incentive Program Descriptions					
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<input type="checkbox"/> Members Only					
<input type="checkbox"/> Netpulse Club Directory					
<input type="checkbox"/> Privacy Promise					
<input type="checkbox"/> Privacy Promise					
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&
Ex☒ Fit
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SURF THE WEB WHILE YOU WORKOUT!

Netpulse - The Internet Powered Workout

Netpulse Stations are color touch-screen computers featuring a high-speed connection to the Internet that mount on top of Lifecycle®, Stairmaster® and Tectrix ClimbMax® cardiovascular equipment. Using Netpulse, you can surf the Web, watch TV, listen to music, read e-mail and earn frequent flier miles - all while you work out.

☒ Member on
Stairmaster☒ Netpulse Station Overview for
Members☒ Fitness Incentive Program
Descriptions☒ Members Only

Netpulse Internet Powered Benefits

Netpulse offers a variety of entertainment to please every member

The Internet turns each Netpulse Station into a personal entertainment and news center. During workouts, you can surf the World Wide Web and choose from its host of news, sports, financial, shopping, fitness and general entertainment sites. Plus, each Netpulse Station has a built-in TV and CD-player so that you can watch and listen to what you want when you want. There is so much to do that you will never get bored.

☒ Watching TV

Netpulse provides fitness incentive programs that reward member results

Imagine earning frequent flier miles or gift certificates at national retailers every time you work out. With programs like Earn A Mile-A-Minute™ and Netpulse Nationals™, you get to do just this.

Netpulse uses the Internet to develop and administer a variety of fitness incentive programs that you will love. Each program is goal-oriented and rewards you for achieving fitness progress. What a great reason to workout!

☒ Workout Log
Screen

<input checked="" type="checkbox"/>	Netpulse Club Directory
<input checked="" type="checkbox"/>	Privacy Promise
<input checked="" type="checkbox"/>	Privacy Promise

Netpulse includes communication tools that keep members informed

Netpulse - The Internet Powered Workout make communication between you and your fitness center staff a snap. Each Netpulse Station features a direct link to your club Web-site. Use this link to find out about club activities and special events.

☒ Miles Plus Certificate

Plus, Netpulse also helps you save time and stay in-touch with the outside world during workouts. Use Netpulse Web-based e-mail capabilities to send and receive messages from friends, family and professional associates while you workout.

Netpulse features "one-touch" technology that lets exercisers do it while they workout

Netpulse's one-touch Internet technology makes Netpulse entertainment, programming, tracking and communication benefits available right at exercisers' fingertips during their workouts. There is no need for you to access a separate kiosk. You can start your workouts with the touch of a single button and then access the Internet, TV, CD-player, fitness incentive program registration or personal exercise log with one touch to the Netpulse Menu. Plus, no prior techie experience is necessary. Netpulse is easy to use for Internet novices and experts alike.

☒ Member's Sale

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Here's How Netpulse Works

☒ -Click here for a Netpulse Station demo.

Look for Netpulse At Your Local Fitness Center

Or, contact Netpulse at 1-888-55-PULSE or info@netpulse.net, to find out about Netpulse locations near you.

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<input type="checkbox"/>	<input checked="" type="checkbox"/> Netpulse Fitness Network	<input checked="" type="checkbox"/> Member Services
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☐

Please Click on a button below to learn more about the Netpulse Music Workouts™ Incentive Program or Redeem your incentive points.

☐☐

Netpulse Music Workouts™ Instructions

Earn a Netpulse point for each minute of your Netpulse Station workout during this 8 week program. Points are redeemable for Wherehouse, Tower Records, and Blockbuster gift certificates.

Netpulse Music Workouts Instructions

- 1) Obtain a Netpulse ID. Register for Netpulse Music Workouts by going to the Netpulse Incentives section on the Netpulse Station menu.
- 2) During subsequent workouts, log-on to the Netpulse Station with your Netpulse ID. The Netpulse Station will automatically identify who you are, track your workouts, and record your Netpulse Music Workout points.
- 3) Use the Workout Log on the Netpulse Station menu to check your cumulative Netpulse Music Workouts Points.
- 4) When you accumulate 500 points, fill out a pre-addressed Netpulse Music Workouts postcard (available at the club) and send it to Netpulse or go to the Redeem Fitness Incentive Program Points section on the Netpulse Web Site. Make sure you select a certificate choice: Blockbuster, Wherehouse, or Tower Records.
- 5) Netpulse will send you your reward certificate.

Netpulse Music Workouts is currently available at select fitness centers. Please contact Netpulse at 1-888-55-PULSE if you are unsure about whether Netpulse Music Workouts is currently available at your fitness center.

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Redeem Netpulse Music Workouts™ Incentive Points

**Complete the following information to receive your
Netpulse Fitness Incentive Program™ award(s).
All awards accumulated will be sent at the end of this 8 week perogram.**

Netpulse protects the privacy of each individual Netpulse Station exerciser. Data entered below will be used solely to send you your Fitness Incentive Program award and to gain customer feedback.

*Please fill out **all fields** with an (*) by it, otherwise we will not be able to process your entry.

*First Name:

*Last Name:

*Street Address:

Street Address 2:

*City:

*State:

*Zipcode:

*Phone Number
(Including Area Code):

*E-mail:

*Netpulse ID:

*Fitness Center:

Please answer Yes or No to the following questions:

Please type in Y for yes and N for no.

- *1. Are your workouts more enjoyable with Netpulse?
- *2. Would you like to see more Netpulse Stations in your club?
- *3. Does Netpulse influence your decision to keep your fitness center membership?
- *4. Do you prefer to work out on Netpulse Stations rather than on any other bike/stepper?

Please specify the award you want to receive:

Netpulse Music Workouts Award

*Please type in **WC** for Wherehouse Certificate,
TRC for Tower Records Certificate,
or **BC** for Blockbuster Certificate:*

*

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<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/> Netpulse Fitness Network	<input checked="" type="checkbox"/> Member Services
-------------------------------------	--------------------------------------------------------------	-----------------------------------------------------



Please Click on a button below to learn more about the Earn-A-Mile A Minute™ Incentive Program or Redeem your incentive points.



Earn A Mile A Minute™ Instructions

Earn an American or United Frequent Flier mile for each minute of your Netpulse Station™ workout during this 8 week program.

Earn A Mile A Minute™ Instructions

- 1) The first time you use the Netpulse Station™, choose a Netpulse ID code and register for the Earn A Mile A Minute Program.
- 2) During subsequent workouts, enter your Netpulse ID code. The Netpulse Station will automatically identify who you are, track your workout results, and record your Earn A Mile A Minute Program points.
- 3) Use the "Workout Log" on the Netpulse Station Menu to check your cumulative Earn A Mile A Minute points.
- 4) When you accumulate 500 Earn A Mile A Minute points, fill out a pre-addressed Earn A Mile A Minute post card (available at your club) or go to the Redeem Incentive Points section of this page. Be sure to indicate your preference for an American or United certificate on the postcard.
- 5) Netpulse will send you a 500 mile frequent flier certificate.



Miles Plus Certificate

- 6) Send the certificate into your airline and your frequent flier account will be credited. (Mailing instructions are included on the certificate.)

Earn A Mile A Minute is currently available at select fitness centers. Please contact Netpulse at 1-888-55-PULSE if you are unsure about whether Earn A Mile A Minute is currently available at your fitness center.

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Redeem Earn A Mile A Minute™ Incentive Points

**Complete the following information to receive your
Netpulse Fitness Incentive Program™ award(s).**
All awards accumulated will be sent at the end of this 8 week program.

Netpulse protects the privacy of each individual Netpulse Station exerciser. Data entered below will be used solely to send you your Fitness Incentive Program award and to gain customer feedback.

*Please fill out **all fields** with an (*) by it, otherwise we will not be able to process your entry.

*First Name:

*Last Name:

*Street Address:

Street Address 2:

*City:

*State:

*Zipcode:

*Phone Number
(Including Area Code):

*E-mail:

*Netpulse ID:

*Fitness Center:

Please answer Yes or No to the following questions:

Please type in Y for yes and N for no.

- *1. Are your workouts more enjoyable with Netpulse?
- *2. Would you like to see more Netpulse Stations in your club?
- *3. Does Netpulse influence your decision to keep your fitness center membership?
- *4. Do you prefer to work out on Netpulse Stations rather than on any other bike/stepper?

Please specify the award you want to receive:

Earn A Mile A Minute Award

Please type in **AC** for an American Certificate or **UC** for United Certificate:

*


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Daily Log - Summary Results - Summary of Data

10/25/99

Month	Number of Workouts	Total Minutes	Total Calories
10/25/99			
10/26/99			
10/27/99			
10/28/99			
10/29/99			
10/30/99			

Page Up Page Down Difficulty Gender

 GetSmart helps you shop for the credit card that's best for you. [Click Here!](#)

Menu 